





Tie Dye T-Shirt

Supplies:

-  White t-shirt
-  Rubber bands
-  Plastic tablecloth
-  Tie-Dye
-  Plastic gloves
-  Sealed zipper bag or plastic wrap

Instructions:

1. Prep your work surface by laying out a plastic tablecloth (this could get messy!)
2. Select and prep your dye according to instructions on its package. (You can use one color or up to 8 different dye colors. We recommend an even number.)
3. Wash white t-shirt without fabric softener and leave it damp.
4. Lay the damp t-shirt flat on your covered work surface. Pinch it at the center and twist until the fabric is in a round spiral shape.
5. Once fabric is twisted, wrap 3 to 4 rubber bands around it to secure. Crisscross the rubber bands to create 6 to 8 wedges.
6. Put on your plastic gloves. Apply colored dye to wedge shapes. Flip spiraled fabric over and repeat on the backside.
7. Let your dyed shirt set for 6 to 8 hours or longer for the dye to fully set. Pro tip: Place in a sealed zipper bag to cover with plastic to keep damp while the dye processes for best results.
8. Once the dye has set, wash your shirt according garment label.



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